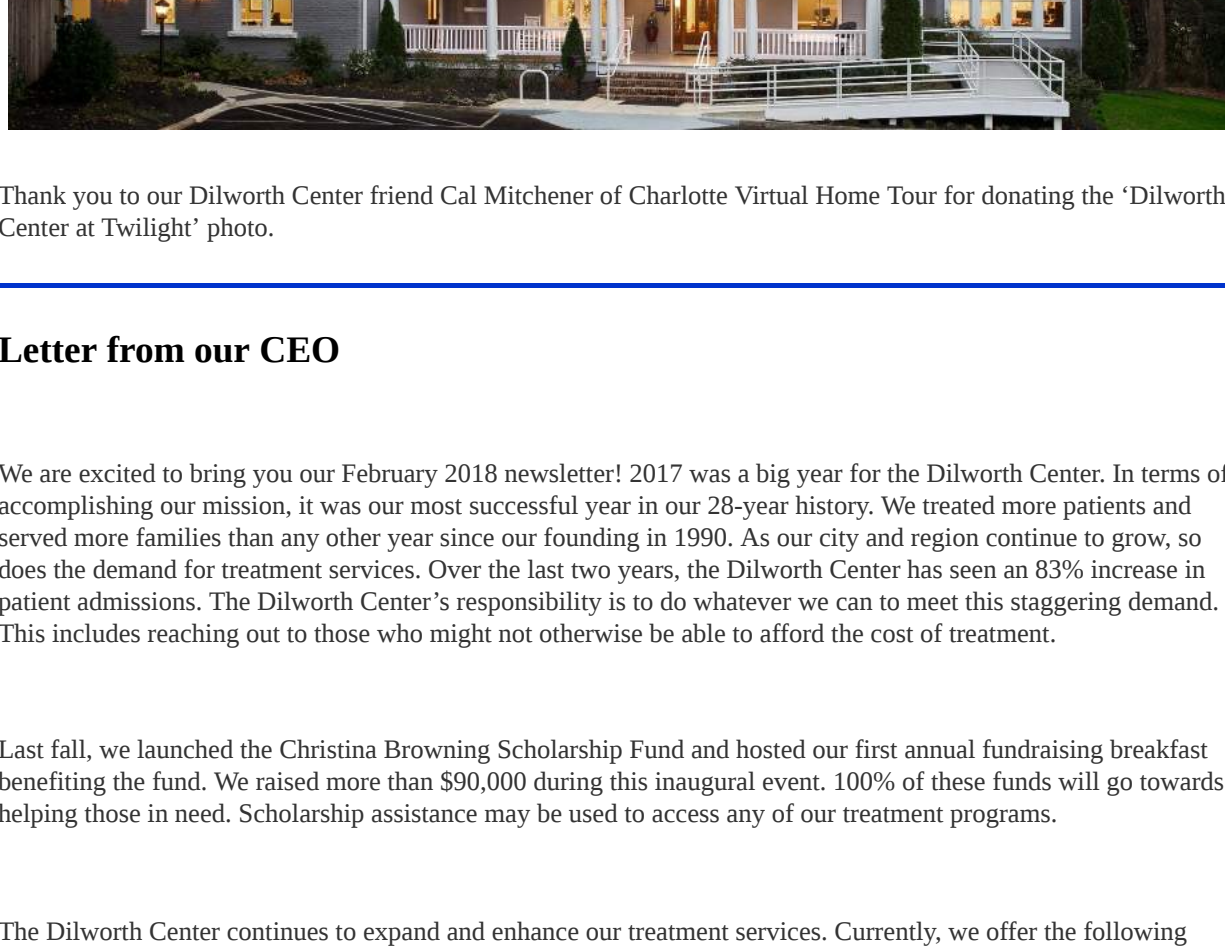




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	28th Annual Anniversary Celebration & Alumni Reunion



Thank you to our Dilworth Center friend Cal Mitchener of Charlotte Virtual Home Tour for donating the 'Dilworth Center at Twilight' photo.

Letter from our CEO

We are excited to bring you our February 2018 newsletter! 2017 was a big year for the Dilworth Center. In terms of accomplishing our mission, it was our most successful year in our 28-year history. We treated more patients and served more families than any other year since our founding in 1990. As our city and region continue to grow, so does the demand for treatment services. Over the last two years, the Dilworth Center has seen an 83% increase in patient admissions. The Dilworth Center's responsibility is to do whatever we can to meet this staggering demand. This includes reaching out to those who might not otherwise be able to afford the cost of treatment.

Last fall, we launched the Christina Browning Scholarship Fund and hosted our first annual fundraising breakfast benefiting the fund. We raised more than \$90,000 during this inaugural event. 100% of these funds will go towards helping those in need. Scholarship assistance may be used to access any of our treatment programs.

The Dilworth Center continues to expand and enhance our treatment services. Currently, we offer the following treatment programs.

- Adult Intensive Outpatient Treatment
- Young Adult Intensive Outpatient Treatment
- Adolescent Intensive Outpatient Treatment
- Family Programs for Adult Patient Family Members
- Family Programs for Young Adult and Adolescent Patient Family Members
- Relapse Prevention Programs
- Dilworth Kids Program for Children
- Professionals Program
- Nurses Aftercare Program

Another big development last year was the launching of the "Camel Club", Dilworth Center's official alumni association. The Camel Club has been wildly popular. Currently, Camel Club members are hosting regular cookouts for our patients during treatment. They are conducting recovery meetings for current patients and serving as a bridge connecting our patients with the recovery fellowships in the community. They are also assisting in organizing many of our annual events including the Christina Browning Scholarship Fund Breakfast, and our 28th anniversary alumni reunion, which will take place this May.

It is our expectation that we will be even busier this year than last. We hear a lot about the opioid epidemic and even an addiction epidemic being the worst our region has ever seen. The good news - more people are reaching out for help than ever before. Could we be in the midst of a recovery epidemic? Let's hope so!



Charles Odell
CEO
Charles@dilworthcenter.org

Dilworth Center's Bridge Program



Our Alumni Committee is in the process of building a Bridge program and need our alumni to help! This program is designed to connect newly discharged patients with recovering alumni. The bridge program will help those just out of treatment stay focused while they build their local support group. If you are interested in becoming a bridge volunteer, you must have at least one year clean and sober, be attending meetings, and working the 12-step program.

If you are interested, please contact Cynthia Sims at 704-372-6969 or email her at Cynthia@dilworthcenter.org.

Because recovery is better together.

Alumni Recovery Meetings



Alumni Recovery Meetings
-ARM-

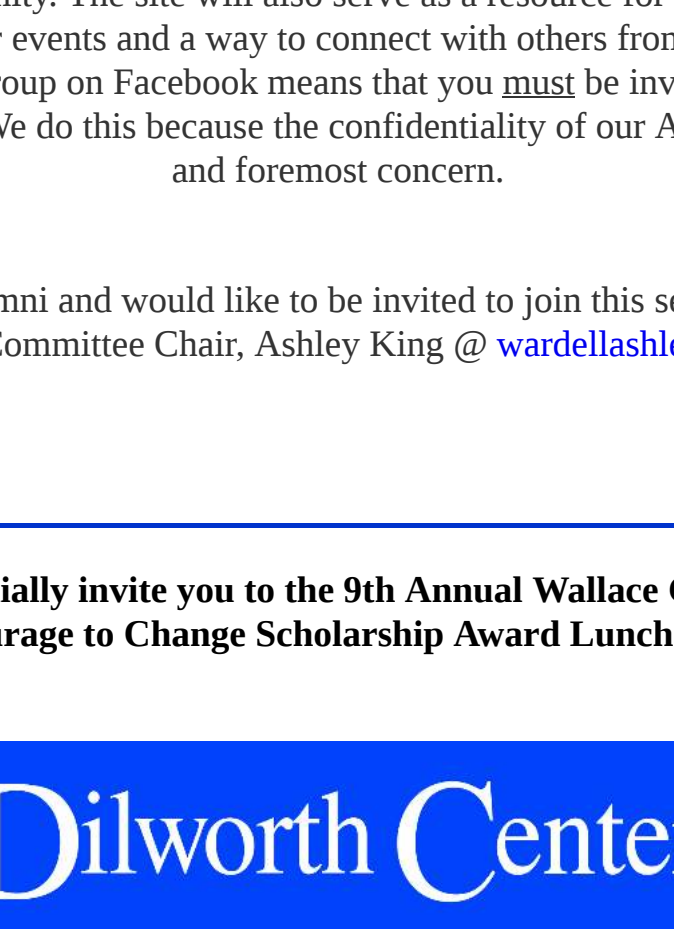
The Dilworth Center is pleased to announce the creation of ARM (Alumni Recovery Meetings).
Designed for Alumni and current Dilworth Center patients to connect, ARM provides a place where collective identity and allegiance that comes from shared experience can thrive and those seeking or in recovery can find experience, strength and hope.
Whether you are just beginning your journey or thriving in long-term recovery, join us! The meetings are Twelve-Step oriented. We look forward to seeing you at an upcoming meeting.

ARM
Tuesdays 8-9 p.m.
Dilworth Center Auditorium
2240 Park Rd.
Charlotte NC 28203

BECAUSE RECOVERY IS BETTER TOGETHER

New Look for Dilworth Center!

Over the coming months, Jeff and Julia Jackson of JC Consulting and designer Maggie Bean will be working with the Dilworth Center to update the organization's branding. This will involve creating a new logo and visual design elements, as well as refreshing the website and crafting new marketing materials.



The process starts with the "brand opener," a consensus-building exercise that clarifies the vision for the organization, the key audiences that need to be reached, and the most critical near- and long-term goals. It ensures everybody has a voice in the process and is on the same page moving forward.

"As organizations grow and evolve, often the branding doesn't keep pace with the important changes that are happening," says Maggie Bean. "Rebranding makes sure that everyone who interacts with the Dilworth Center hears a consistent and compelling story about the great work Dilworth Center does for our community."

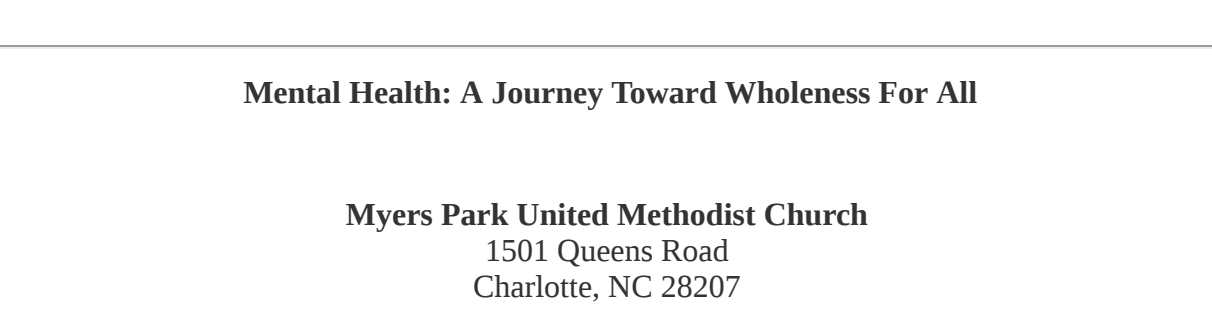
Join Our "Secret" Alumni Facebook Page

We are in the process of creating a secret Facebook page for Alumni of the Dilworth Center!

We often get requests throughout the year from our Alumni asking us to connect them with other Alumni. This site will also serve as a connection while safeguarding alumni anonymity. The site will also allow for a request for information on Dilworth Center events and a way to connect with others from their treatment group. A secret group on Facebook means that you **must** be invited to join it. It is not searchable. We do this because the confidentiality of our Alumni is our first and foremost concern.

If you are an Alumni and would like to be invited to join this secret group please email Alumni Committee Chair, Ashley King @ wardellashley@yahoo.com.

We cordially invite you to the 9th Annual Wallace Godfrey Courage to Change Scholarship Award Luncheon



The Staff and Board of the Dilworth Center cordially invite you to attend our
NINTH ANNUAL WALLACE GODFREY
COURAGE TO CHANGE
SCHOLARSHIP AWARD LUNCHEON

honoring
MIKE PURKEY
AND
HOWARD WEBB

THURSDAY, APRIL 12, 2018
11:30 A.M. – 1:30 P.M.

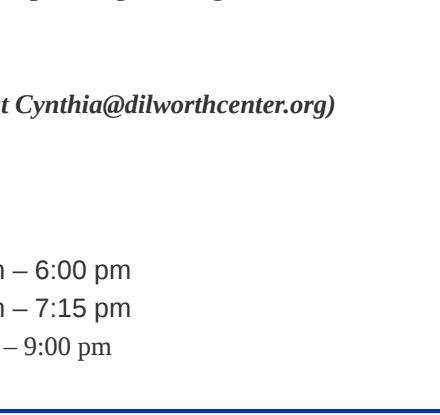
QUAIL HOLLOW COUNTRY CLUB
3790 GLENEAGLES ROAD
CHARLOTTE, NORTH CAROLINA

\$35.00 Individual Seats
\$325.00 Table of 10

Payment can be made on the Dilworth Center Website
[Click Here to Register](#)

Kindly make your payment prior to the event. Payments will not be taken the day of the event.
Thank you!

Charles Odell Training



Spring 2018 Friday Training Schedule
Where: 1117 E. Morehead St., Charlotte, NC 28204
Time: 9:30am- 12:15 pm (unless stated otherwise)
Cost: \$10 per CEU
To register, go to www.preventionservices.org or call (704) 375-3784

Please note Friday Training policies:
Cash payments are NOT accepted
No Walk-ins
Refund policy: Training fees are non-refundable; credits are available for future training.
Cancellation policy: Cancel reservation by 9 am on the Thursday before the training. Late cancellations will not receive credit or refund.
No show policy: No credits/refunds are given for no shows.

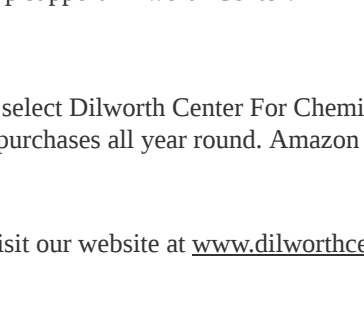
February 9, 2018 3.0 CEUs
Intersection of Prevention and Recovery
Christopher M. Campau
This is an opportunity for professionals in the fields of recovery and prevention to learn about the important works each are accomplishing. It will provide a sustainable foundation we can build upon and open up new avenues in a collaborative environment where resources, and knowledge are shared to improve the overall health of our communities.

February 23, 2018 3.0 CEUs
It's All About Me
Alicia Cobb
We spend the majority of our lives working, and all of our time with ourselves. It is necessary to ensure our needs are being met with particular attention to how we are caring for ourselves in the workplace. We will go through the process of assessment, exploration, identification, and implementation of appropriate self-care necessary for us to function as our best self.

March 9, 2018 3.0 CEUs
Opioids, the Dark Net, and the Addiction Epidemic
Charles A. Odell
Providing a comprehensive overview of the National Public Health Crisis, this workshop will address substance use disorders in the USA and the current opioid use epidemic. Participants will learn to recognize the differences between legal and illegal marketplaces.

Mental Health: A Journey Toward Wholeness For All

Myers Park United Methodist Church
1501 Queens Road
Charlotte, NC 28207



Monday, February 26, from 6:30 to 7:30 pm in the Parish Life Building – [Click here to register](#) for one of these learning sessions: Addictions with Charles Odell, Anxiety with Dr. Joshua Bromam-Fulks, Depression with Dr. Mallory Fiery, Child/Youth Issues with Dr. Rebecca Tomczyk and Dr. Kamillah McKissick. Childcare reservations to jeaniz@mpumc.org by Thursday, February 22.
<http://www.myersparkumc.org/mentalhealth>

Spring Dilworth Center Kids Program

An introductory education and therapeutic program focusing on addiction and its impact on the family for ages 7-14.*

Topics include: chemical dependency education; 12 step programs; anger management; appropriate coping skills; safety; self-esteem; feelings and communication of feelings.

Facilitated by Jordan Tadlock, Licensed Marriage and Family Therapist.

SCHEDULE:

- The program is on a 5-week, quarterly cycle.
- Group will take place on Saturdays from 10:45 am to 12:15 pm.

The cycle dates are:

- March 31st
- April 7th, 14th, 21st, & 28th

*Guardians of participants must be on the property for the duration of group.

Please contact the Dilworth Center to register or for further information.

Camel Club Cookout & Alumni Recovery Meeting (ARM)

Please join us for our next Camel Club Cookout!

The Camel Club is the name of the Dilworth Center's Alumni Association. The cookout provides a great opportunity for alumni to mix and mingle with current patients to share their experience, strength and hope. Charles Odell will be on hand cooking his world famous hotdogs and hamburgers!

The Dilworth Center is also pleased to announce the creation of ARM (Alumni Recovery Meetings). Alumni share a collective identity and allegiance that comes from shared experience. ARM will allow for the special fellowship that exists and give alumni and those currently in treatment a place to connect, serve and belong.

Whether you are just beginning your journey or thriving in long-term recovery, staying connected with others in recovery is one of the healthiest moves you can make. At ARM, current patients, recent graduates and long standing members can find strength in the shared fellowship and support found in the Twelve Step format meetings.

We look forward to seeing you at an upcoming meeting.

(For questions email Cynthia Sims at Cynthia@dilworthcenter.org)

Tuesday, March 20th

Cookout	5:15 pm – 6:00 pm
Alumni Panel	6:15 pm – 7:15 pm
ARM	8:00 pm – 9:00 pm

Save the Date!!!

Come join us May 15th
Family and friends are welcome

Stay tuned for more details

Make Your Annual Fund Gift Today?

[Click Here to Donate](#)

Lives are being transformed at the Dilworth Center.
Help Us Make a Difference.

Please consider supporting our efforts by making a donation. With your generosity we can continue to fulfill our mission and provide treatment services for those in need – now AND in the future.

- Checks can be mailed to:
2240 Park Road
Charlotte, NC 28203

Amazon Smile Collaboration

Shop #AmazonSmile to Benefit the Dilworth Center

Did you know Amazon purchases can help support Dilworth Center?

It's simple. Go to smile.amazon.com and select Dilworth Center For Chemical Dependency Inc. as the charitable organization who will benefit from your purchases all year round. Amazon donates 0.5% of all your purchases back to Dilworth Center.

Please visit our website at www.dilworthcenter.org.