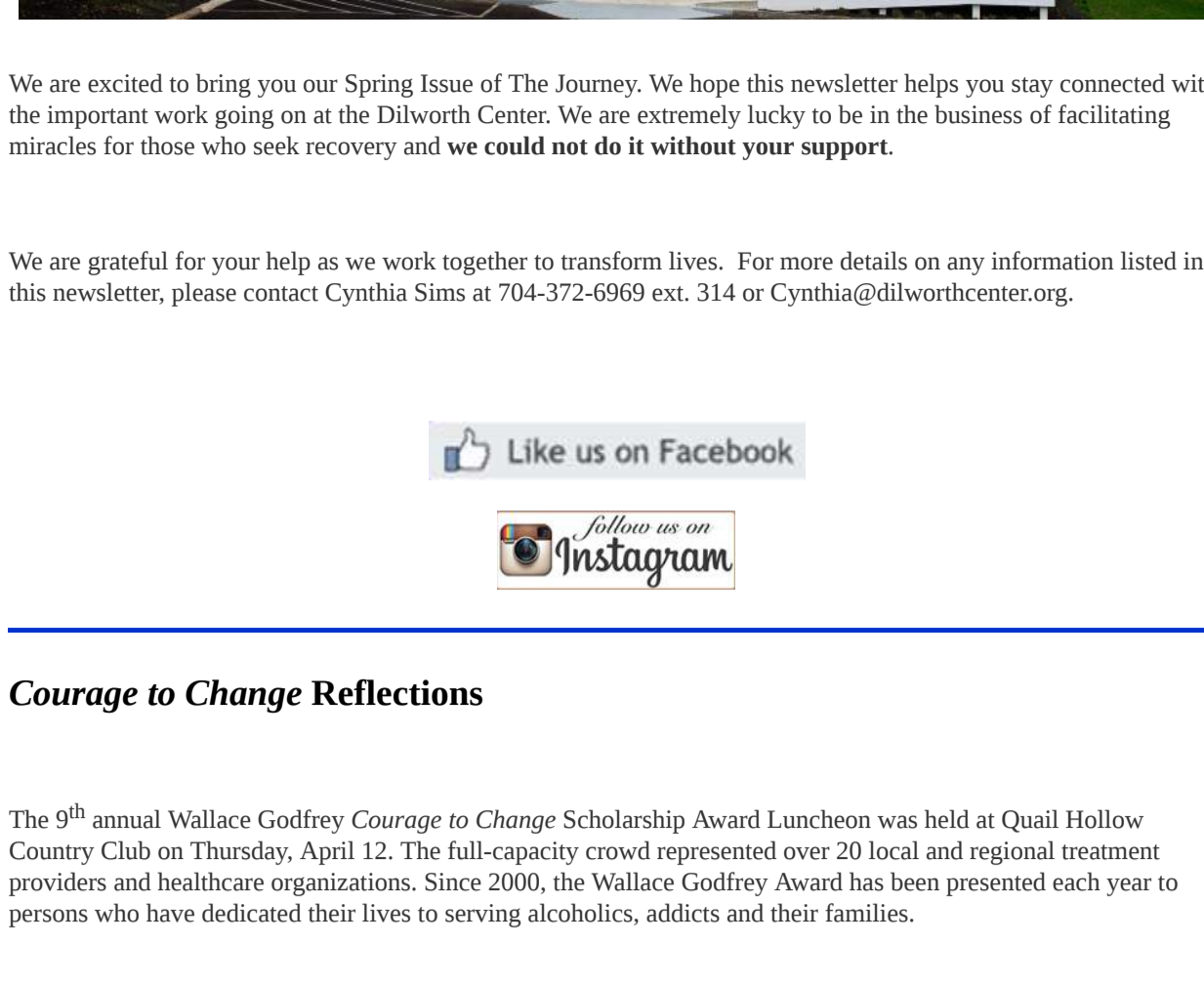


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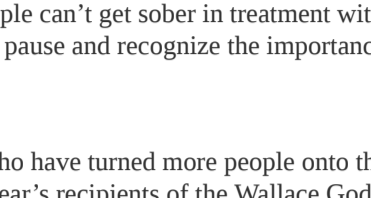
**Have you missed an issue?**

Catch up on past newsletters!



We are excited to bring you our Spring Issue of The Journey. We hope this newsletter helps you stay connected with the important work going on at the Dilworth Center. We are extremely lucky to be in the business of facilitating miracles for those who seek recovery and we could not do it without your support.

We are grateful for your help as we work together to transform lives. For more details on any information listed in this newsletter, please contact Cynthia Sims at 704-372-6969 ext. 314 or [Cynthia@dilworthcenter.org](mailto:Cynthia@dilworthcenter.org).



**Courage to Change Reflections**

The 9<sup>th</sup> annual Wallace Godfrey *Courage to Change* Scholarship Award Luncheon was held at Quail Hollow Country Club on Thursday, April 12. The full-capacity crowd represented over 20 local and regional treatment providers and healthcare organizations. Since 2000, the Wallace Godfrey Award has been presented each year to persons who have dedicated their lives to serving alcoholics, addicts and their families.

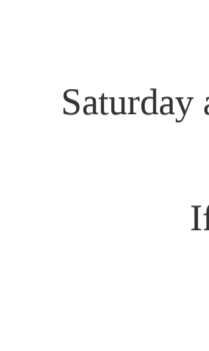
In the grim shadow of the current opioid epidemic, I am reminded that more people are dying of addiction than at any other time in recent history. In 2016, more people died from drug overdoses than were killed in the entirety of the Vietnam War. Substance use disorders and overdoses are rising not only for opioids, but for marijuana, cocaine, hallucinogens and stimulants. Our current crisis might better be described as an *addiction epidemic*.

Yet, we live in an era of miracles. More people are finding sobriety and recovery than ever before. Attendance at recovery meetings is skyrocketing, and demand for treatment services is reaching an all-time high. At the Dilworth Center alone, treatment admissions increased over 80% in the last two years. Fortunately, our community has more treatment services and recovery meetings available than at any other time in our history.

Wallace Godfrey loved Alcoholics Anonymous, and he loved the Big Book. He designed six treatment programs in his career. AA was ALWAYS a required component in his programs. He was fond of saying that "people can get sober in AA without treatment, but people can't get sober in treatment without AA." Perhaps it is fitting, in light of the current addiction epidemic, that we pause and recognize the importance of this miraculous movement.

I can't think of any other two people who have turned more people onto the AA program in our community than Mike Purkey and Howard Webb, this year's recipients of the Wallace Godfrey Award. For 25 years, they have been leading twice-weekly, guided Big Book study groups for those seeking an enhanced understanding of the 12 Steps of recovery. Conservatively, over 175,000 participants have attended their groups. Their straightforward approach, coupled with their warmth, humor and unconditional acceptance, has endeared Mike and Howard to countless newcomers and old-timers alike.

In recognition of Mike and Howard's efforts and commitment to changing lives for the better, a scholarship for treatment at the Dilworth Center will be given to an individual in need of services who would not otherwise be able to afford the cost of treatment.



Charles Odell  
CEO  
[Charles@dilworthcenter.org](mailto:Charles@dilworthcenter.org)



**May is Reunion Month!**

Join us May 19th

On Saturday, May 19th from 10 a.m. - 2 p.m., alumni, family and friends will gather at the Dilworth Center for a series of festive events. The morning will be filled with food, fun, music, and a recovery speaker. Get together with friends old and new for a celebration of recovery!

Saturday afternoon, those interested are invited on an excursion to experience whitewater rafting at the National Whitewater Center.

If you are interested in rafting please RSVP to Cynthia Sims at [Cynthia@dilworthcenter.org](mailto:Cynthia@dilworthcenter.org).



**Raffle items "As of Today" provided by:**

- Comet Grill
- Daveed Verner Massage Therapy
- Dilworth Nails
- Food Lion
- Fran's
- Great Wolf Lodge
- Greene Brothers
- Hampton Inn Phillips Place
- Kendra Scott
- Lowes
- Not Just Coffee
- Oceana Resort Myrtle Beach
- Patels Nail and Brow Boutique
- Starbucks
- Sunflour Bakery
- Yoga One

**\$28.00 for 28 Years!!**

We welcome alumni and friends free of charge and encourage a donation of \$28.00 in honor of the Dilworth Center's 28 years of service to our community.

*\*donations of any amount are greatly appreciated!*

<https://www.dilworthcenter.org/donations>

Thanks to our Event and In-Kind Sponsors!!!\*



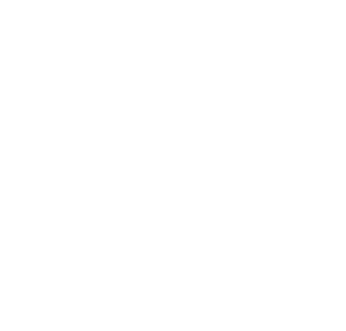
If interesting in rafting please RSVP to Cynthia Sims at [Cynthia@dilworthcenter.org](mailto:Cynthia@dilworthcenter.org)

For a complete list of raffle items [click here](#).

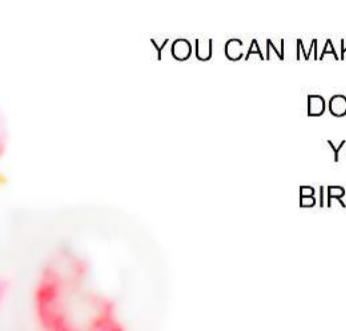
Thank you to our sponsors.

**Match For May Challenge! Double Your Impact!**

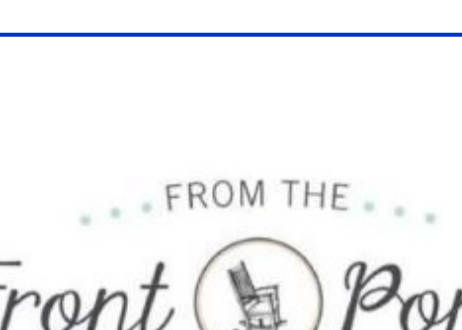
This May, The Dilworth Center celebrates 28 years of providing affordable and effective treatment services for chemically dependent individuals and their families. Right now, because of a generous Matching Challenge, your gift will have **double the impact**.



**This Matching Challenge ends May 31 - so don't wait! Give the most generous gift you can to double your impact on countless lives today.**



Support the Dilworth Center's operational fund by becoming a new, increased or new donor before May 31<sup>st</sup> and your donation will be matched dollar for dollar up to \$2,800!

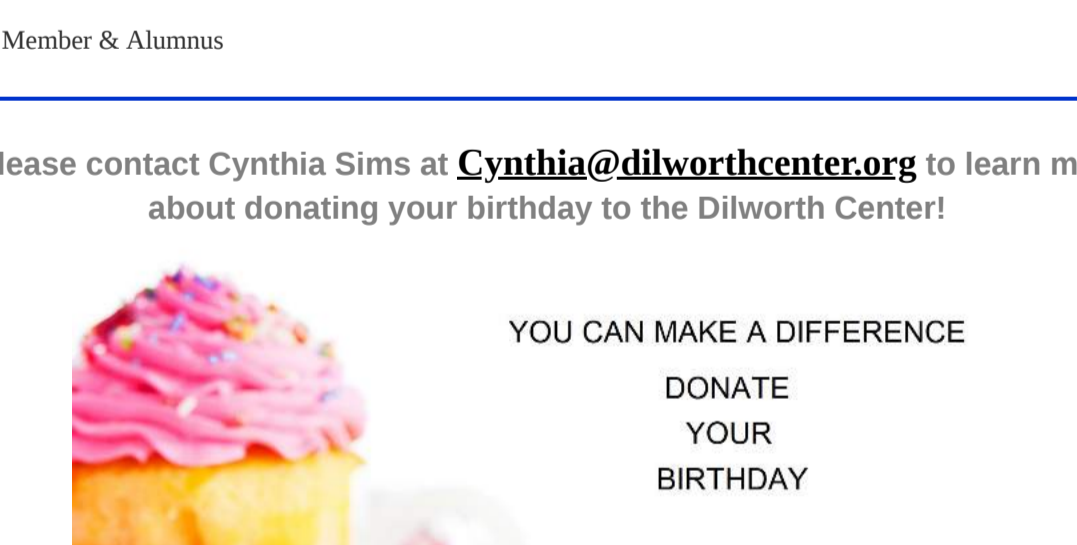


**Garden Goodness**

By Martin Godwin

The impact of our life is like a pebble in a pond. Our relationships and interactions ripple across the waters, touching others wading in the shallows, and eventually spreading out onshore. While we are not always aware of the way our lives intersect, the fingerprints of these ripples are evidenced by the constant smoothing of stones, altered sands and changing tides.

The Dilworth Center recently received an unexpected gift in honor of my mother on her 80th birthday. Several friends of this wonderful lady recognized the impact that she has had on their lives, by contributing to a special space at the Dilworth Center. The Center received several tables and chairs for the outdoor patio, along with a kind donation in her honor, in lieu of traditional birthday gifts.



The contribution is more than just furniture...it honors her story and reflects similar stories of many others. Stories accented by light and shade, joy and sadness, tragedy and redemption. The patio and its new furniture is a welcoming, comfortable and safe place where people can meet, therapists can assist patients, sponsors can work with spouses, and pebbles can be cast into ponds. This gift will benefit many more who pursue a new life in recovery and should serve as a reminder to all of the power of relationships and the impact that we have on others.

The Dilworth Center is changing lives, one person at a time. The generosity of its supporters helps the Center provide the highest quality programs for recovery in our community, and we would welcome the opportunity to introduce you to our organization, our people and the way that we will positively impact those who want to recover from addiction.



Martin Godwin  
Board Member & Alumnus

Please contact Cynthia Sims at [Cynthia@dilworthcenter.org](mailto:Cynthia@dilworthcenter.org) to learn more about donating your birthday to the Dilworth Center!



**Rockin' Recovery**



*Casual Conversation, Personal Stories and Wisdom on Addiction and Addiction-related Issues*

Friday, June 15th, 2018  
11:30- 1:00 p.m.  
2240 Park Rd.

(located behind the Blossom Shop in Food Lion parking lot)

**FREE and Open to the Public**  
Lunch Provided

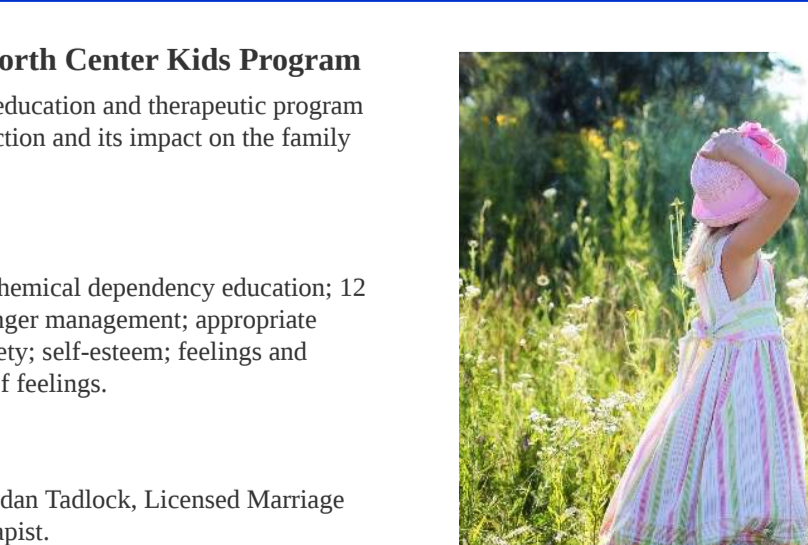
Bring your questions. Meet our team. Take a tour.

In partnership with our local friends at



**Thanks To Healthy Charlotte Alliance**

Thanks to Healthy Charlotte Alliance for being an 'Angel In Our Midst' for the Dilworth Center - We were one of the 12 nonprofits supporting the HCA's mission of building a healthier Mecklenburg County. Our grant will help fund our Adolescent Substance Use Disorder Treatment program. Honored to receive the gift at their annual luncheon with keynote speaker Anne Neilson!

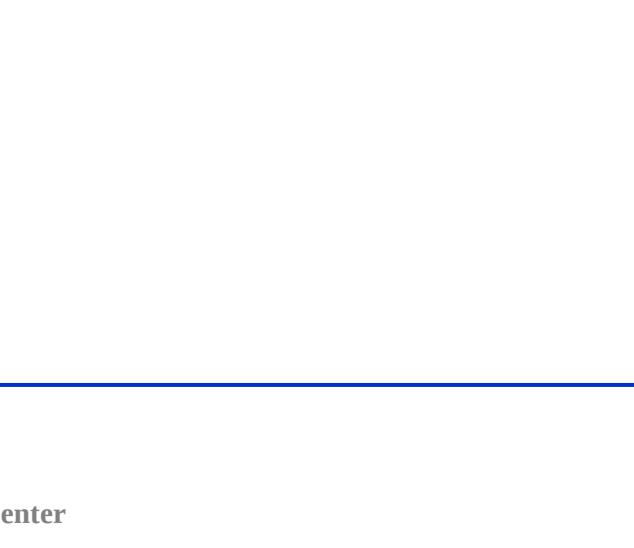


**Winter Dilworth Center Kids Program**

An introductory education and therapeutic program focusing on addiction and its impact on the family for ages 7-14.\*

Topics include: chemical dependency education; 12 step programs; anger management; appropriate coping skills; safety; self-esteem; feelings and communication of feelings.

Facilitated by Jordan Tadlock, Licensed Marriage and Family Therapist.



**SCHEDULE:**

- The program is on a 5-week, quarterly cycle.
- Group will take place on Saturdays from 10:45 am to 12:15 pm.

*\*Guardians of participants must be on the property for the duration of group.*

Please contact the Dilworth Center to register or for further information.

**Amazon Smile Collaboration**

Shop #AmazonSmile to Benefit the Dilworth Center



Did you know Amazon purchases can help support Dilworth Center?

It's simple. Go to [smile.amazon.com](https://www.amazon.com) and select Dilworth Center For Chemical Dependency Inc. as the charitable organization who will benefit from your purchases all year round. Amazon donates 0.5% of all your purchases back to Dilworth Center.

Please visit our website at [www.dilworthcenter.org](http://www.dilworthcenter.org).