



Dilworth Center

UNLOCK YOUR RECOVERY



CAGE Questionnaire

A simple, universally used assessment to help evaluate your situation.

CAGE Questionnaire

Developed by Dr. John Ewing, founding Director of the Bowles Center for Alcohol Studies, University of North Carolina at Chapel Hill, CAGE is an internationally used assessment instrument for identifying alcoholics. Item responses on the CAGE are scored Yes or No. If you answer “Yes” to two or more of these questions, we strongly recommend contacting Dilworth Center for a professional assessment.

Have you ever felt that you should cut down on your drinking?

Have people annoyed you by criticizing your drinking?

Have you ever felt bad or guilty about your drinking?

Have you ever had a drink first thing in the morning to calm your nerves or get rid of a hangover?

Have you answered “yes” to two or more of these questions? If so, you may be feeling anxious about your circumstances. Be encouraged, you’ve already taken the first step by asking the difficult questions. Now you need answers. Now is the time to reach out and discuss your situation with our team of compassionate experts.



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**Call now:
(704) 372-6969**

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