

A Trusted Partner

Since 1990

Founded in 1990, Dilworth Center is a beacon of recovery in Charlotte and the surrounding North and South Carolina regions. We are a non-profit organization that offers outpatient treatment services for alcoholism and drug addiction. Our effective and affordable treatment services have helped thousands of people unlock the door to a new life.

We believe those who suffer from alcoholism and drug addiction deserve to be treated with the same dignity and quality of care as those who suffer from any other disease. We employ evidence-based practices, including 12 step facilitation, within our comprehensive treatment approach. This ensures wraparound care for both substance use and mental health disorders.

Our experienced and caring team of professionals prioritizes patients' long-term recovery. Each year, we see relationships restored, families reconciled and lives transformed. When an individual or family in crisis needs our assistance, we are here to offer hope, support and recovery.



Our Promise

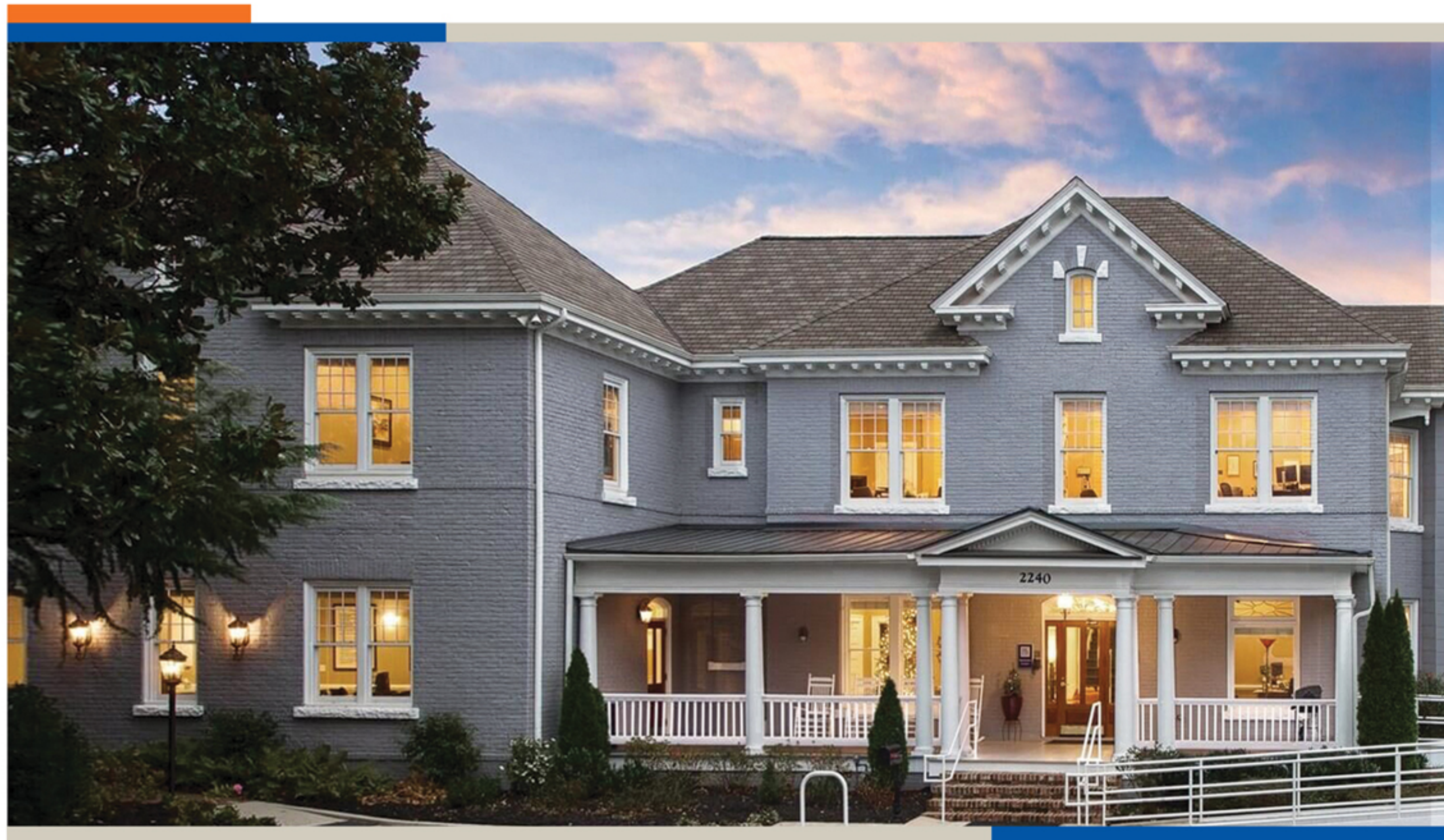
Our treatment programs are designed to deliver effective treatment, while allowing patients and their families to continue their daily work, school, and home routines. Our goal is to establish abstinence from alcohol and other drugs with an emphasis on continuous, long-term recovery.



Discreet Location

Located in the heart of Charlotte's historic Dilworth neighborhood, our treatment center feels like home for our patients and their families. Our welcoming, two-story house is tucked away to ensure anonymity and provides a private, comfortable, and safe environment for healing.

Making a Difference
One Patient, One Family At a Time



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Unlock
Your Recovery

Comprehensive Substance
Use Disorder Treatment

Getting Started



It begins with a phone call...

Whether you are reaching out for yourself or on behalf of a loved one, we are here to listen and help. Through personalized telephone consults and on-site appointments, we are able to make individualized recommendations.

We also offer comprehensive assessments to determine the need for treatment and the most appropriate level of care. We are in-network with most major insurance companies and available to check and explain benefits, as well as assist in making all necessary financial arrangements. Dilworth Center is a non-profit organization.

Treatment Programs

Adults, Young Adults, & Adolescents

Dilworth Center offers separate treatment programs for adults, young adults and adolescents. All of our treatment programs are specifically designed to meet the needs of these separate life stages.

All of these outpatient programs provide effective and affordable substance use disorder treatment, while allowing patients and their families to maintain their home, work and school routines. Upon admission, all patients receive individualized treatment plans and goals to address their unique needs and challenges.

Professionals Programs

Our Professionals Programs help people successfully return to their careers, while meeting all the requirements of their respective regulatory boards. We offer individualized services for pilots, dentists, attorneys, physicians, nurses and other safety sensitive positions.

Relapse Prevention

Our Relapse Prevention Program is designed for individuals seeking to find a deeper understanding of their personal recovery journey. The program utilizes Terence Gorski's Relapse Prevention Therapy Workbook™ to help identify triggers, high-risk situations and other issues that can disrupt recovery.

Need Residential Care?

Over the past 30 years, we have developed strong relationships with substance use disorder and mental health facilities across the country. We also collaborate with local recovery residences, enabling us to mimic a residential stay for those who may be unable to leave the area, due to school, work, or family commitments. Our priority is to make sure we get patients where they need to be – whether it is with us or another appropriate provider.



Mental Health



With over 250 years of combined experience in the field of addiction treatment, our team brings expertise in working with individuals suffering with substance use and mental health disorders.

Our medical director is board certified in addiction psychiatry and recognized throughout the industry for his treatment of co-occurring mental health and substance use disorders. Appointments are available to all patients.

Family Programs

Because alcoholism and drug addiction impacts families, our treatment focuses on both the patient and their family system. We believe that families need healing, and we understand that assisting the entire family is essential to a patient's ability to achieve long-term, robust recovery. Our dedicated family counselors are committed to engaging family members, understanding family dynamics, and providing support and guidance.



Alumni Key Club

Our alumni Key Club gives former patients a place to give back and to share experience, strength and hope with current patients. Our extensive history of treating patients has shown that ongoing involvement in recovery activities reduces the likelihood of relapse. In addition to weekly meetings, the Key Club hosts events throughout the year and connects alumni through a private Facebook group and e-newsletter, making it a valuable part of a thriving long-term life in recovery.