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Save the Date!

- DC Alumni Key Club Resumes, in Person!- August 10th 8 PM
 - Chris Herren Speaks at MPHS September 8th 6 PM
 Dilworth Center's 5th Annual Christina Browning 'Key to Recovery' Breakfast Fundraiser - September 9th 8 AM

Missed an Issue?





Dilworth Center Welcomes Back Patients! By CEO and President, Charles Odell

The summer of 2021 is well underway. Thankfully, COVID-19 is loosening its grip as businesses begin to reopen and return to some semblance of normalcy. Last week, the staff of Dilworth Center returned to our facility. Everyone is now working full-time from the Center itself. On July 6th, we began in-person treatment once again after 15 months of virtual treatment.

There were many benefits to virtual treatment. We discovered that the effectiveness of virtual care rivaled that of traditional face-to-face treatment. People were completing treatment and staying sober. Family members were able to easily participate in the virtual family programs from their homes. AA, NA, AI-anon and Naranon meetings were easily available and widely attended. We were all very fortunate that these recovery resources remained available throughout these unprecedented times. However, nothing can replace the value of human connection, and we are grateful the time has come to begin the process of returning to our facility.



Dilworth Center is making all the necessary provisions to ensure the safety of all staff and patients. Our building will be properly cleaned and sanitized before each and every treatment session. Additionally, we have installed ion generators in all of our HVAC systems. These devices kill bacteria and viruses in the air including COVID-19. We have a hand-washing station on the porch for everyone to use prior to entering the building. We will continue to reevaluate our safety protocols and adjust out policies accordingly.

I look forward to seeing everyone as we begin the process of reentry. I am thankful for the opportunity to reconnect with everyone as we move through the summer. Welcome back!



Dilworth Center In the News: The Fight to Stop Patient Brokering

Last month, WSOC-TV featured an investigative report on patient brokering for Substance Use Disorder (SUD) treatment centers. Dilworth Center contributed significantly to their report.

Mentioned in the report is the diligent work the North Carolina Attorney General's (AG) office has done to craft legislation to combat the issue. On May 10th, Senate Bill 408 "Stop Addiction Fraud Emergency Act of 2021" passed the Senate with a 49-0 vote. Dilworth Center's CEO, Charles Odell, served as an advisor for the AG's office regarding this legislation and was interviewed for WSOC-TV's report.

"This is an excellent first step in addressing unethical SUD treatment practices by some programs in Charlotte and throughout our State," said Odell. "North Carolina has been plagued by the practices of these bad players, many of whom were run out of Florida when that State adopted similar legislation to North Carolina's. Let's hope that we can follow Florida's lead in putting these programs out of business."

Watch the WSOC-TV Report Here!

View Senate Bill 408 Here



A Caring Community: Dilworth Center's 2020 Gratitude Report - You Make the Difference!

2020 Gratitude Report: You Make The Difference! It is a privilege to share our 2020 Gratitude Report with you because it demonstrates the impact of your partnership in helping us combat addiction and restore men, women and adolescents to lives overflowing with promise and opportunity.

You help us turn lives around.



View 2020 Report



Dilworth Center Earns Highest 'Seal of Transparency'

Dilworth Center's fundraising department is committed to the highest level of transparency. We are excited to announce that our organization recently earned GuideStar's 2021 Platinum Seal of Transparency, showcasing the progress and results we're making toward our mission!

To reach the Platinum level, Dilworth Center added extensive information to its GuideStar Nonprofit Profile including in-depth financial details; qualitative information about our goals, strategies, and capabilities; and quantitative statistics regarding outcome measures.

By providing this information, our goal is to demonstrate our commitment to transparency and to give donors and funders meaningful data to evaluate our

performance.

Check out our updated GuideStar #NonprofitProfile!



The Mecklenburg County ABC Board partners with nonprofits doing innovative and meaningful work in the community around substance use disorder (SUD) education, prevention, treatment or research. Dilworth Center is proud to be a recent recipient of two renewal grants from the ABC Board that benefit our Outcomes Measurement and Enhanced Family Programs.

Our cutting-edge Outcomes Measurement Program (OMP) received a renewal grant from the ABC Board as it gains momentum, yielding valuable data and insight to strengthen Dilworth Center's treatment program. This OMP is first in the nation to adapt new research methodology to outpatient treatment. Dilworth Center, in partnership with the National Association of Addiction Treatment Providers (NAATP), implemented the Outcomes Measurement pilot program in 2019 with great success. Long term response rates (6 months and one year) are over 70% - the highest in the facility's history. Charles Odell, CEO of Dilworth Center, is on the NAATP Board of Directors and a member of NAATP's Foundation for Recovery Science and Education (FoRSE). Quality measurement in the field of addiction treatment has historically been underdeveloped. Dilworth Center's collaboration with FoRSE is helping to launch a nationwide, standardized research protocol and database for addiction treatment study. The recent ABC Board grant helps fund this program through the summer of 2022.

Dilworth Center's Family Program also received a renewal grant from the ABC Board, allowing us to continue exceptional, enhanced family therapy, which strengthens the value of treatment for our patients. Addiction is a family disease, and navigating close relationships in early recovery is critical to achieving a healthy outcome for all. Dilworth Center's Family Program focuses on support for spouses, parents, and siblings and is open to any close family member. Virtual therapy is also offered, making participation possible for family not living in our region.

"We are thrilled to partner, once again, with the ABC Board whose community outreach goals go hand in hand with ours," stated Odell. "ABC Board funding supports Dilworth Center's innovative work in the field of SUD treatment and enhances our commitment to the health and wellness of our community and its citizens. Their support is greatly appreciated."

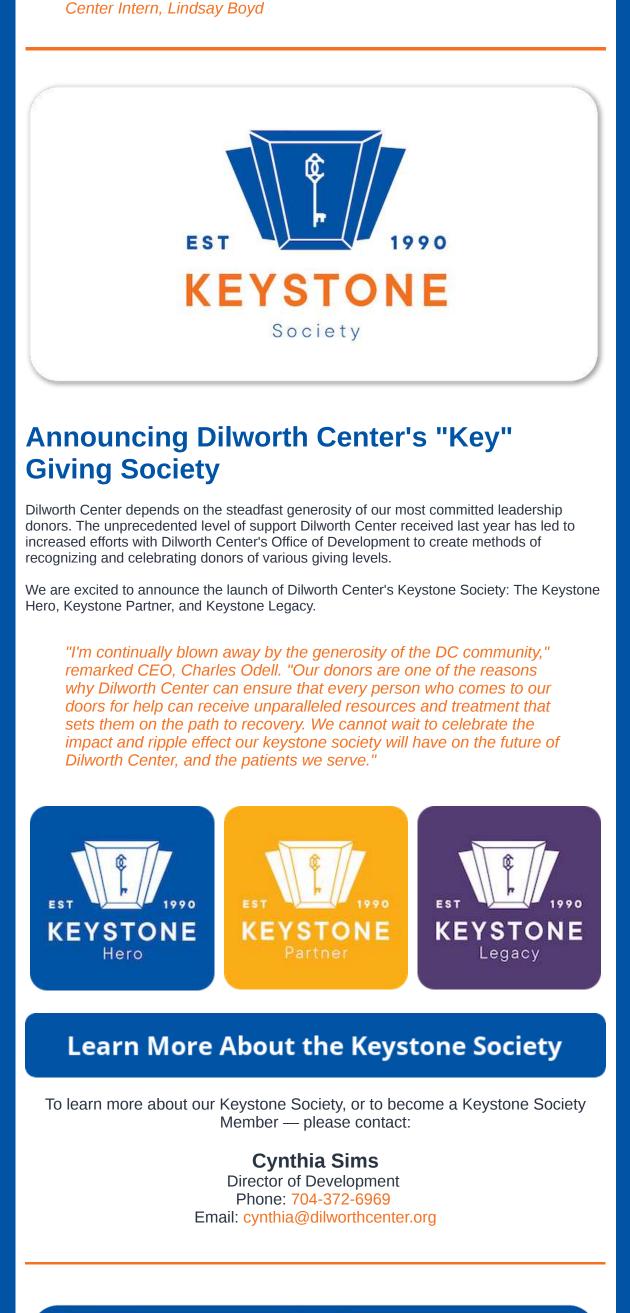


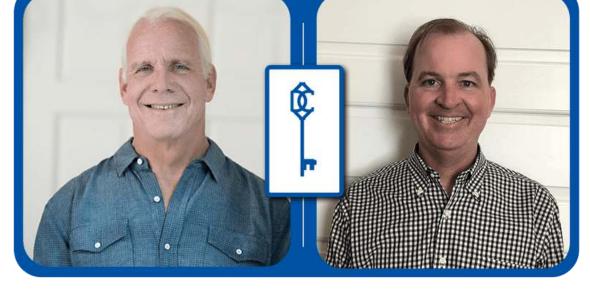
We're excited to introduce the newest member of the Dilworth Center family — Intern, Lindsay Boyd!

Lindsay Boyd is completing her last task as an undergraduate student at East Carolina University, as an intern at Dilworth Center this summer. She will graduate with a degree in Rehabilitation Services with a minor in Drug and Alcohol Studies. Lindsay shared that she feels very blessed to be able to be a part of the Dilworth team. Her goal for the next year is to attend the University of North Carolina at Charlotte to begin her master's in social work. She plans to work her way into the journey of becoming a Licensed Clinical Social Worker as well as a Licensed Clinical Addiction Specialist. Lindsay plans to stay in the field of substance abuse, while obtaining her masters.

Lindsay explained that she has always had a strong passion for working with others. She wants to be able to serve the addicted population by aiding them with overcoming what they commonly fear most - living sober. Lindsay stated, "Recovery is in no way an easy process, but with honesty, social supports, and working the 12-steps, it is possible to live a well-rounded, sober life.

"Dilworth Center is more than a treatment facility. It is a family that holds a strong passion for serving patients facing addiction." - Dilworth





Dilworth Center Welcomes Two New Board Members

Dilworth Center is honored to welcome Brian Bridgford and Chris Elliott to its Board of Directors.

Brian currently serves as a Director of the Gambrell Foundation. He spent most of his adult life as a managing owner in his family's Anaheim, California based food manufacturing company, Bridgford Foods Corporation. Brian grew up in Orange County and attended the University of California at Santa Barbara. He served as Director at Hope House in Anaheim from 1992 – 1994 when he relocated to North Carolina to build and manage Bridgford Foods' Eastern Manufacturing and Distribution center in Statesville. As a native Californian, Brian brings a unique and independent perspective to foundation discussions about the Charlotte area, its opportunities and challenges. His commitment to service in the community and volunteerism led to his introduction to Sally Gambrell in 2015. Brian married Sally in 2017 and together they have created a vibrant and blended new family.

Chris Elliott brings 30 years of banking experience to the Bank Owned Life Insurance (BOLI) market with a unique blend of risk management and entrepreneurial energy. He earned the Risk Management Association Credit Risk Certified (RMA-CRC) designation in 2007. When he served as a Regional President for Centura Bank from 1993-2004, he led a team of the best and brightest to become the highest performing region of a \$12 billion banking operation and sold to Royal Bank of Canada in 2001. In 2005, Chris started Glandon Capital Group, LLC and has served banks as a loan participation manager, FDIC whole bank with loss share consultant and as a distressed debt acquisition platform. When he is away from bank consulting, Chris enjoys time with his wife, 4 children and 2 dogs, traveling, coaching little league baseball and getting out on the golf course.

Both Brian and Chris are eager to jump right in and help us in furthering Dilworth Center's mission and we are excited to welcome them to our team!

A Wonderful Journey: Reflections from A Former Patient



I was a patient at Dilworth Center in 2019. I am excited to share that I just celebrated my two-year sober birthday. It has been a wonderful journey. While I must admit that it was difficult for the first few months, Dilworth Center gave me everything I needed to be successful.

I have a wonderful sponsor who has helped me every step of the way. I believe sponsorship has been crucial in helping me navigate difficult situations and kept me on track with the twelve steps. I have a home group that has become deeply important to me. Not only do I have their support, they have mine.

My higher power truly took away my desire to drink. I have not wanted to drink at all, and my life is completely different now. I do not criticize others, attempt to control people, or feel the need to be in power all the time. I am able to solve problems without blaming others. After two years, my husband and I are strong in our marriage again. I never thought that would happen, but my program gave me the strength to persevere.

I am realistic and know that one drink will be the end of my new life. That's why I continue to attend meetings even though I feel as though I've been healed.

I want to thank everyone at Dilworth Center for giving me my life back. My counselor's guidance and wisdom played a major role in my success.

Thank you all, Mary Foster

Alumni Corner





Pay It Forward! Support those who come to us for help through Dilworth Center's Scholarship Fund. Many of our alums benefited from the investment of others – your support can continue our tradition of paying it forward.

Yes! I Want To Pay It Forward!



Leave Dilworth Center a Google Review! Support those who come to us for help through Dilworth Center's Scholarship Fund. Many of our alums benefited from the investment of others – your support can continue our tradition of paying it forward.

Leave Google Review!

Dilworth Center Provides Free Education Outreach on Addiction to the Charlotte Community



Dilworth Center is excited to share with you information about one of our newest signature community programs. Our Education Outreach on Addiction Program is designed to support locally and regionally-based businesses and faith organizations by providing brief educational workshops on topics surrounding addiction, at no cost. Nearly 11 million full-time workers in the United States struggle with addiction, costing companies approximately \$81 billion each year due to absenteeism, healthcare costs, and lost productivity. According to Gallup, the effects of substance abuse are felt by around half of all American families, resulting in many turning to faith communities for answers.

Our goals are to provide a variety of free workshops on addiction, tailored to your needs, in order to inform, increase awareness, and shed light on addiction's harmful impact in the workplace, as well as to be a resource to those who might be struggling or know someone struggling with addiction.

