

2021 Gratitude Report

JANUARY 1, 2021 - DECEMBER 31, 2021

YOU MAKE A VITAL IMPACT

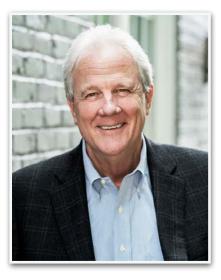
A Message From Our CEO...

2021 was not without its challenges. The COVID pandemic continued to put extraordinary demands upon our staff, patients, volunteers and family members. We transitioned from virtual to in-person services in July. However, due to new COVID variants, found ourselves transitioning back to virtual care by the end of the year. It was a roller coaster ride of uncertainty.

Despite these ups and downs, Dilworth Center's staff and patients remained steadfast. Everyone embraced the logistical requirements of remote care, not necessarily because they wanted to, but because that's what was needed to ensure everyone's safety. I feel that these challenges have made us a stronger organization.

Isolation and quarantine have not been kind to those with substance use disorders. Drinking and using patterns are up, as are the tragic deaths from overdoses. We expect that treatment demand will increase as well as we begin to emerge from the pandemic. Thank you to everyone who has made a difference: board members, staff, donors, volunteers, alumni, patients, families and the recovering community.

Because of your strength and commitment, we are ready to meet the challenges of 2022 with renewed dedication and resolve.



Charles Odell, CEO and President



Board of Directors

Charles Odell

Dilworth Center President

Gay Boswell

Community Volunteer

Steve DeGeorge

Robinson Bradshaw

Martin Godwin

Cameron Carmichael Chair

Fred Oates

Atrium Health

Peter Browning Peter Browning Treasurer

Brian Bridgford

Gambrell Foundation

Reggie Willis

Ally Bank Secretary

Will Sparks

McColl School of Business Queens University

Chris Elliott

Glandon Capital Group



Community Impact



235

Patients Treated





612 Professional Workshop Attendees

Patient Impact

Of the patients surveyed:



Report improved relationships with family members.



92%

Report being of greater service to the community.

Report an increase in general well being and health.

Report an increase in their overall quality of life.





Family Impact

191 *№* 95% *№* 100% *№* 99%

100%

Family Members Unlocked Recovery

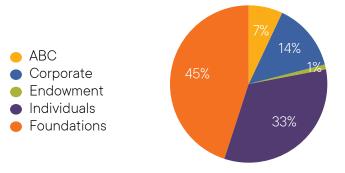
report being able to identify unhealthy coping skills within themselves and have implemented healthier behaviors in various areas of their life.

report having a better understanding of alcoholism/ addiction and its characteristics.

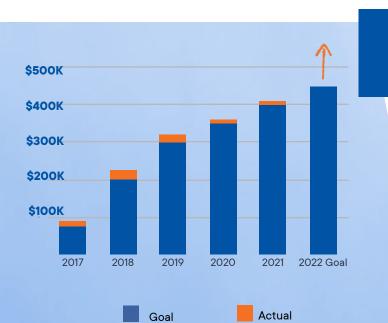
report feeling more positive about their ability to have a healthy relationship with their loved one.

would recommend the treatment services at Dilworth Center to others.

Financial Impact



Thanks to the generous giving of our donors, Dilworth Center received more annual and scholarship funds in 2021 than any year in our history.



Scholarship Impact

For the fifth year, we surpassed our goal and raised over \$421,000.

100% of these funds will be used to help our neighbors struggling financially to receive life changing support.



Fundraising Impact











Three Decades of Impact

2021

1990

Founded in 1990, Dilworth Center has been a beacon for recovery in the Charlotte Mecklenburg community and surrounding NC and SC regions for 30 years.



Located in the heart of the historic neighborhood of Dilworth, our facility is a large two-story home built in the early 1900's. The building was expanded and renovated in 2016 to accommodate the growing demand for treatment services within our community.



Dilworth Center provides a warm, family-like atmosphere and a comfortable and safe environment for patients and their families.

2021 IMPACT



Chris Herren

Former Celtics star, Chris Herren, shared his battle with the disease of addiction as the keynote speaker at the 5th Annual Christina Browning Scholarship Fundraiser.



Dilworth Center is partnering with the National Association of Addiction Treatment Providers Foundation for Recovery Science Education to study treatment effectiveness for substance use disorders.



National Conference

Dilworth Center CEO, Charles Odell, spoke on a panel at the 2021 National Association of Addiction Treatment Providers about the benefits and outcomes of virtual treatment.

Program Impact



Individual Impact

Sara, a Dilworth Center family member shares her experience...

"While our loved ones meet – three times a week – we're invited to meet in the Family Group. Many of us have been living in isolation so processing our experiences together offers a recovery of camaraderie. Naming our anger, resentment, worry, and fear releases us for a bit. Regularly hearing ourselves and each other begins to soften our judgment. Sharing what works shifts our focus to the possible and positive. Encouraging each other nurtures our compassion – for each other in the giving, for ourselves in the receiving. The disease doesn't go away. Slowly, over time, our perspective and behaviors begin to change."



Looking Ahead: 2022 Key To Recovery Scholarship Breakfast



Sam Diminich

Keynote Speaker

You may not know Chef Sam Diminich but there's a good chance you've tasted his food. Diminich trained at the Culinary Institute of America and cooked at many of the top restaurants in Charlotte. Prior to the pandemic, Diminich was executive chef at Upstream. In 2020, his take on lobster and bay scallops risotto crushed celebrity chef Bobby Flay's version on Food Network's Beat Bobby Flay. He was named Charlottean of the Year in 2020 by Charlotte Magazine. Sam currently is a personal chef for Panthers player Christian McCaffrey; the owner of the successful meal delivery service Your Farms, Your Table; and plans to open his own restaurant Restaurant Constance, named after his daughter, later this year.

Prior to these incredible experiences, however, Diminich battled the underbelly of the food and beverage industry – beer, bourbon, pot and cocaine. By 2013, he was unemployable. He'd lost his job, car, wife and children, home and most of the clothes on his back. Following a severe beating on the streets of Charlotte in 2014 as a homeless addict, he entered an intensive treatment program in South Carolina and began his journey to recovery.

Diminich has found sustaining purpose in sharing his experience as a way of helping others with similar struggles. He is co-leader of the Charlotte chapter of Ben's Friends, a support group offering hope, fellowship and a path forward to those food and beverage professionals who struggle with addiction.



How can I help now?

For more information about Keystone Society membership, contact Cynthia Sims, Director of Development and Marketing - cynthia@dilworthcenter.org

Our Mission

To provide effective and affordable treatment services for individuals and families affected by alcoholism and drug addiction.

Connect With Us

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