

# Successful Treatment Since 1990

### **About Us**

- · Treatment for alcoholism, drug addiction, and co-occurring disorders
- Programming for Adults, Young Adults, Adolescents, Professionals
- Comprehensive family program to support loved ones in the recovery process
- Relapse Prevention for Dilworth Center Alumni
- Outpatient evenings and weekend treatment, allowing patients and their families to continue their daily work, school, and home routines
- Serving Charlotte and NC/SC surrounding areas



### **Company Culture Dedicated to Outcomes**

Fifty-four percent of our staff members have been employed at Dilworth Center for over 10 years. We bring compassion, expertise, and empathy to every patient encounter, enhancing treatment outcomes.

## **Robust Sobriety Post-Treatment**





### **Proven Sustained Recovery**

As part of our national partnership with the Foundation for Recovery Science & Education and based on hundreds of respondents, 80% of Dilworth Center patients report sobriety one year after treatment, and 79% at two years, demonstrating Dilworth Center's lasting impact.

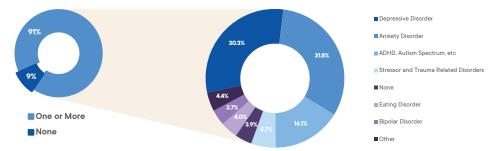
### **Happiness (BARC-10 Question)**

In general I am happy with my life is part of the survey which measures recovery resources. Our results show overall improvements during and after treatment.



# P1% of our patients have a co-occurring mental health diagnosis\*

### **Co-Occurring Disorder Focused**



### **Comprehensive Recovery**

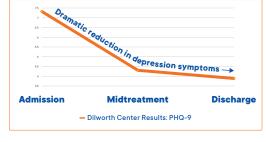
We believe that treating mental health conditions alongside addiction is crucial for long-term recovery and overall well-being. By addressing addiction and co-occurring mental health simultaneously, our treatment approach allows for a more complete and effective recovery journey.

\*Patient Self-reported history

## Mental Health Matters

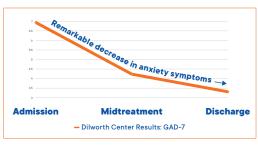
### **Depression Scale (PHQ-9)**

The PHQ-9, assessing the criteria for depression, shows notable improvement in depressive symptoms during treatment at Dilworth Center.



### **Anxiety Scale (GAD-7)**

The GAD-7 assesses anxiety and its severity. Similar to depression, our patients show remarkable improvements in anxiety.



## Trusted. Proven. Effective.



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### We are in-network with all major commercial insurance companies.

Dilworth Center is located in the Historic Dilworth neighborhood of Charlotte.

For more information about our patient outcomes and the FoRSE national study,
please visit dilworthcenter.org and naatp.org



